



HEAD COACH JOHN JOYNER & STAFF

FEATURED SPEAKER: Eric Allen – A six-time NFL All Pro, and current NFL analyst for ESPN.

COST - FREE

WHEN: **Sunday, July 17th 10:00 - 1:00 PM**

WHERE: Mater Dei Catholic High School - 1615 Mater Dei Drive, Chula Vista CA 91913

- 9:45-10:00** Introduction and Sign in – (***The sign in will be held at the boys locker room, inside the coaches classroom***)
- 10:00-10:45** Fundamentals and Discipline of the Odd (50) Defense (Classroom)
- 10:45-11:30** QB Drills and Fundamentals (On Field)
- 11:30-12:15** Coaching 101 w/ Eric Allen (Classroom)
- 12:15-12:45** Oline Drills and Fundamentals (Field)
- 12:45-1:00** Speed Fundamentals (Field)